

PART-TIME INSTRUCTOR – SILVER SNEAKERS

JOB DUTIES

The Part-Time Silver Sneakers position is responsible for developing, organizing, and implementing physical fitness workouts for Silver Sneakers participants.

Instructional Duties:

- Instruct the Silver Sneakers class by communicated and demonstrating a warmup, workout, and cool down for each class.
- Creates and implements workouts for the class that are functional and progressive.
- Assists in any additional guidance members may need in personal works, stretches, etc.
- Considers any injuries or restrictions when planning workouts
- Other duties as assigned

MINIMUM QUALIFICATIONS:

- Associate degree
- Have obtained or is in the process of obtaining a Silver Sneakers certification.

PREFERRED QUALIFICATIONS:

- Previous experience instructing a fitness class.
- Ability to work cooperatively and effectively with diverse populations

START DATE: ASAP

COMPENSATION: \$1,000/semester (fall and spring) \$470.56/semester (summer)

APPLICATION INSTRUCTIONS:

For considerations, an applicant file must contain:

- 1. Cover letter addressing the minimum and preferred qualifications
- 2. Resume
- 3. Names and phone numbers of three professional references
- 4. Copy of unofficial transcripts

Please submit the application file to:

Kelsey Barbee Director of Human Resources Otero College 1802 Colorado Avenue La Junta, CO 81050 719 384-6824 or via email at <u>kelsey.barbee@ojc.edu</u>

APPLICATION DEADLINE: Open Until Filled- priority will be given to applications received by June 30, 2025

Applicants must submit to and pass a background check before an offer of employment can be extended.

Please Note: Otero College is not able to provide sponsorship for applicants who do not currently have the legal right to work in the United States or require transfer of a Visa.

******Must be a resident of the State of Colorado or able to relocate to Colorado prior to the first date of employment. ******